A Mile-High Welcome Back

DAVID S. VOGELS III

CO began these annual convention city previews in 1997, the last time the AAO visited Denver. When the convention returns May 17-20, orthodontists will find many familiar attractions in the Mile High City, but also a number of exciting new buildings and restaurants. This report focuses on the changes that have taken place over the last 11 years.

Climate and Transportation

Although Colorado is generally dry and sunny, May is one of the rainiest months of the year. Bring sweaters and jackets for the cool evenings—low temperatures will still be close to 40°F—but highs should be climbing into the low 70s, and summerlike weather is a possibility.

Denver International Airport was still new in 1997, but has now settled into a fairly dependable routine. An underground train takes you from the concourses to the terminal and baggage claim. Go out the door on the same level for ground transportation and shuttles, but one level down if someone is picking you up. Taxis are expensive, with a flat rate of \$46.25 to downtown. The Regional Transportation District (RTD) offers a skyRide bus that is much cheaper, but would involve transferring to another bus or light rail to get to a downtown hotel; more information is available at www.rtd-denver.com or (303) 299-6000. The shared SuperShuttle service costs \$20 one-way to downtown.

RTD's efficient light rail is a convenient way to get around the downtown area or even to the southern and southwest suburbs. Fares within the downtown zone are \$1.75.

Attractions

The Colorado Convention Center itself has more than doubled in size since the 1997 AAO meeting. The adjacent Hyatt Regency Denver opened along with that expansion in 2005. But if you're wondering where the Democratic National Convention will take place in August, it's actually at the Pepsi Center, home of the Denver Nuggets

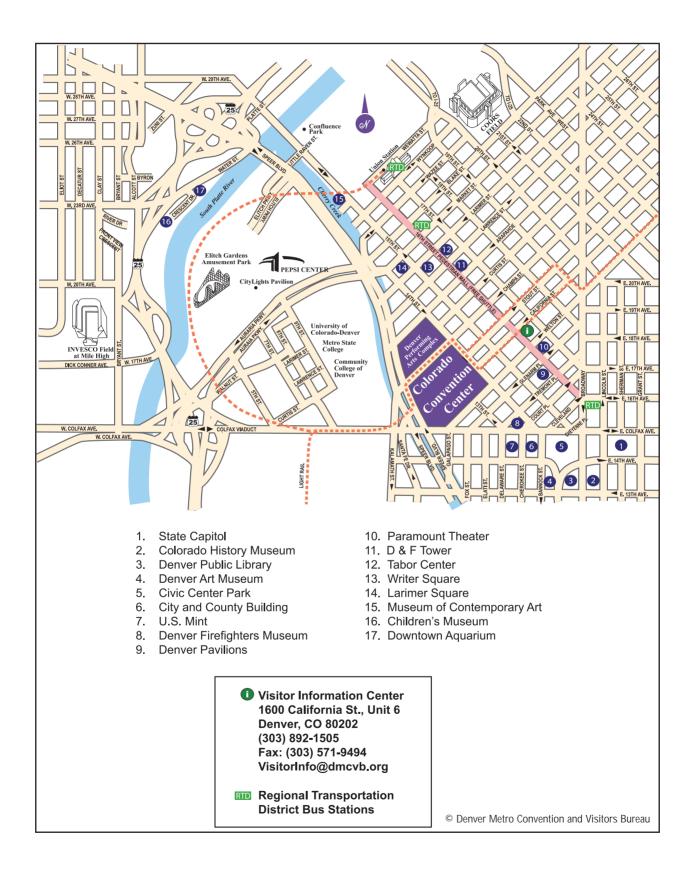


Denver's 16th Street Mall is a pedestrian zone connecting the financial district to LoDo (photo © Webshots.com).

and Colorado Avalanche, which opened in 1999.

The most significant recent addition to the downtown skyline is Daniel Libeskind's Frederic C. Hamilton Building, an annex to the **Denver Art Museum.** Covered in 9,000 titanium panels, the building seems to mimic the Rocky Mountains with its sharp-angled blocks. It also completes an architectural hub in Civic Center Park, just a few blocks away from the convention center, joining Gio Ponti's original Denver Art Museum and Michael Graves's Denver Public Library. With imposing outdoor sculptures surrounding both the museum and the library, it's a stimulating place just to walk around. The museum addition has opened up space for significant exhibits such as "Inspiring Impressionism" (closing May 25) and for the permanent collection, which includes perhaps the world's finest assemblage of Native American art.

Boldface names in this article are listed in the Directory on pp. 172-174 with their telephone numbers and street addresses. For a website link, call up the article in the JCO Online Archive at www.jco-online.com, and click on the boldface name within the text. The article can be accessed at no charge by clicking on its title on the JCO Online home page.





Frederic C. Hamilton Building, a recent addition to the Denver Art Museum (photo © Denver Art Museum).

Another new landmark building is David Adjaye's glassy **Museum of Contemporary Art/Denver**, which opened less than a year ago in Lower Downtown (LoDo). The inaugural exhibit, "Star Power: The Museum as Body Electric", features seven contemporary artists from countries around the world.

For a more historical perspective, the Colorado Historical Society offers "The Italians of Denver", showing an ethnic slice of the city from 1850 to the present. Or you can see different images of early Denver society at the Molly Brown House Museum or at Four Mile Historic Park, which was built in 1859 as a stagecoach stop.

Other more specialized attractions include the Denver Firefighters Museum, the Forney Museum of Transportation, the Kirkland Museum of Fine & Decorative Art, the Museo de las Américas, the U.S. Mint, and Wings Over the Rockies Air & Space Museum. In Golden, in the foothills west of town, you can visit the Buffalo Bill Museum & Grave, the Colorado Railroad Museum, the Mother Cabrini Shrine, the National Renewable Energy Laboratory, or the Rocky Mountain Quilt Museum. Near Boulder, you'll find the Leanin' Tree Museum and Sculpture Garden of Western Art.

Take the entire family to the delightful **Butterfly Pavilion** in Westminster; the **Denver**

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Museum of Nature & Science (with a special exhibit on "Gold") or the Denver Zoo, both in City Park east of downtown; the Children's Museum of Denver or the nearby, relatively new Downtown Aquarium (now owned by a commercial restaurant chain); or Elitch Gardens amusement park, next to the Pepsi Center (featuring an adventure called "Mad Science" May 14-16). And for a back-to-nature respite in the heart of the city, visit the Denver Botanic Gardens, celebrating National Wildflower Awareness Week May 19-23.

Performing Arts

The glitzy Ellie Caulkins Opera House in the Denver Performing Arts Complex opened only two years ago, but unfortunately no performances are scheduled during the AAO meeting. If you're taking in a play or a concert, however, you might still want to dine at **Kevin Taylor's at the Opera House.** Next door, in Boettcher Concert Hall, the **Colorado Symphony Orchestra** presents Carl Orff's ever-popular *Carmina burana* May 16-18. And a number of **Denver Center Theatre Company** productions are also available at the complex, including the provocative *Doubt* and the musicals *The Last Five Years* and *3 Mo' Divas*.

Other Denver-area theaters open during the convention include the **Arvada Center for the Arts and Humanities**, with *Altar Boyz;* **Boulder's Dinner Theatre**, with *The Will Rogers Follies;* and **Denver's Dangerous Theatre**, with *A Time to Go Walking*. For live stage shows and improv, go to the **Avenue Theater**, for *Radio Avenue;* the **Bovine Metropolis Theater**, for *Shot of Spring (with a Twist);* or the **Impulse Theater**, in LoDo's Wynkoop Brewing Company.

On May 21, the Cure brings its British power pop to one of the most spectacular outdoor performing venues in the United States, **Red Rocks Amphitheatre** in Morrison.

Restaurants

When JCO bought a little house in Boulder as an office nearly 35 years ago, we never could

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have imagined that the best restaurant in the state would someday be on the next block. That's what has happened since **Frasca Food and Wine** opened its doors in 2004. Launched by a chef and wine director from Napa's French Laundry, and based on the cuisine of the Friuli region of northern Italy, Frasca has been celebrated by publications from *Gourmet* to *Sommelier Journal*. The downside of all this publicity is that with Frasca's limited seating, you generally have to book reservations two months ahead. If you have a small party and show up right at the 5:30 p.m. opening, however, you can usually get seated in the bar area; or if you don't mind eating late, you might get a table at 10 or 10:30 p.m.

Don't try knocking on JCO's door—we'll all be at the convention. But Boulder's Pearl Street has actually become something of a restaurant row, also featuring the eclectic **L'Atelier**, the Provençal **Mateo**, and the organic **Sunflower**. Other Boulder favorites are **The Kitchen**, **Laudisio**, **Q's Restaurant**, and the venerable and ultrascenic **Flagstaff House**.

The hands-down food champion in the downtown Denver area is **Mizuna**, offering chef Frank Bonanno's innovative American cuisine. Sharing a kitchen with Mizuna, but more of a bistro in style, is **Luca d'Italia**. Also in the Capitol Hill area, you'll find the relatively undiscovered **Deluxe**, the intimate **Fruition**, the bustling fusion bar **nine75**, the creatively down-home **Potager**, and the reliable **Table 6**.

Best bets in the Cherry Creek shopping district are two different takes on northern Italian cuisine—the elegant **Barolo Grill** and the trendy **North.** Just south of Cherry Creek is the best Japanese food in Colorado, at **Sushi Den.**

Around Larimer Square, the historic heart of downtown Denver, you'll want to sample the French Bistro Vendôme, the northern Italian Panzano, the contemporary French Restaurant Kevin Taylor, the Mediterranean Rioja, or the upscale Mexican Tamayo. The Palace Arms at the Brown Palace Hotel still has the fanciest dinner in town.

In LoDo, look for the **Denver Chophouse & Brewery**, adjacent to Coors Field, or a small-plates favorite, **Zengo.** A little farther west, in the



The award-winning Frasca Food and Wine graces JCO's neighborhood in Boulder.

quaint Denver Highlands neighborhood, you'll find **Duo**, **Highland's Garden Café**, and **Swimclub 32.** Or go even farther, up to the foothills in Morrison, and sample the buffalo and Rocky Mountain oysters at the tourist favorite, **The Fort**, featuring an Indian Market May 17-18.

Shopping and Galleries

Cherry Creek Shopping Center is still the go-to mall for serious Denver-area shoppers, but don't miss the bodegas and galleries in nearby Cherry Creek North. Larimer Square (with the adjacent Tabor Center mall), Highlands Square, and LoDo are the other major boutique districts close to downtown.

Most of Denver's art galleries are clustered in these shopping areas. Cherry Creek North has Gallerie Rouge (vintage posters and prints), Gallery M (contemporary), Pismo (art glass, holding its annual glass-bead exhibition during the AAO meeting), and Tam O'Neill Fine Arts (antique prints). The Rue 32 Gallery (abstract art) is in Highlands Square. LoDo is home to David Cook Fine Art (American Indian), Robischon Gallery (contemporary), and the William Matthews Gallery (Western watercolorist).



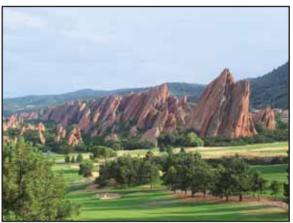
Coors Field, home of the National League champion Colorado Rockies (photo © Denver Metro Convention and Visitors Bureau).

The Great Western Art Gallery is downtown. Walker Fine Art Gallery and the Wilson Adams Gallery (both contemporary) are close to the Denver Art Museum. The other major gallery area, the ArtDistrict on Santa Fe, is nearby; exhibit spaces there include Kashi Kari Gallery (mosaics), Nine10Arts ("green" community), Sandra Phillips Gallery (contemporary), Sandy Carson Gallery (contemporary), Spark Gallery (cooperative), and Translations Gallery (contemporary).

Sports and Recreation

The National League champion Colorado Rockies play host on May 16-18 to the Minnesota Twins, in an interleague series, and on May 19-21 to the San Francisco Giants, Western Division rivals, at LoDo's Coors Field. The Colorado Crush meet the expansion Cleveland Gladiators in Arena Football League action on May 17 at the Pepsi Center. In Major League Soccer, the Colorado Rapids take on Real Salt Lake on May 15 at the new Dick's Sporting Goods Park, a dedicated soccer complex. And if you want Major League Lacrosse, you can watch the Denver Outlaws play the Los Angeles Riptide on May 17 at Invesco Field at Mile High, home of the Denver Broncos.

Public golf courses in the downtown area are mostly undistinguished. If you head northeast



Arrowhead Golf Club, in the foothills west of Denver, is one of Colorado's most scenic courses (photo © Webshots.com).

toward the airport, however, you can play several outstanding and relatively new prairie-style layouts: **Buffalo Run Golf Course, Green Valley Ranch Golf Club,** and **Riverdale's Dunes** or **Knolls Golf Courses.** Severe elevation changes and spectacular views can be found all along the foothills west and south of town. The best public courses of this mountain type are **Arrowhead Golf Club** and the **Ridge at Castle Pines North;** other highly rated locations include **Black Bear Golf Club, Fox Hollow Golf Course** (27 holes), and the **Golf Club at Bear Dance.**

If you need more intensive high-altitude training, you can enter the **Post-News Colorado Colfax** Marathon, with both full and half-marathons starting and ending in City Park on May 18. Of course, it's only a short drive to the Rocky Mountains and all sorts of outdoor experiences. Given the amount of snow that has hit the mountains this season, a few ski areas may still be open in late May for spring skiing. The most scenic drive is through Rocky Mountain National Park, which offers camping, hiking, and plenty of flora and fauna. Hone your kayaking skills in downtown Denver's Confluence Park with Confluence **Kayaks,** then head up to the mountains for whitewater rafting with companies such as Clear Creek **Rafting** or **Geo Tours.** You can buy or rent all your clothing and equipment in LoDo's massive **REI Denver Flagship** store.

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DIRECTORY				
Attractions	Address*	Phone**		
Buffalo Bill Museum & Grave Butterfly Pavilion Children's Museum of Denver Colorado Historical Society Colorado Railroad Museum Denver Art Museum Denver Botanic Gardens Denver Firefighters Museum Denver Museum of Nature & Science Denver Public Library Denver Zoo Downtown Aquarium Elitch Gardens Forney Museum of Transportation Four Mile Historic Park Kirkland Museum of Fine & Decorative Art Leanin' Tree Museum and Sculpture Center Molly Brown House Museum Mother Cabrini Shrine Museo de las Américas Museum of Contemporary Art/Denver National Renewable Energy Laboratory Rocky Mountain Quilt Museum U.S. Mint Wings Over the Rockies Air & Space Museum	987½ Lookout Mountain Road, Golden 6252 W. 104th Ave., Westminster 2121 Children's Museum Drive 1300 Broadway 17155 W. 44th Ave., Golden 100 W. 14th Ave. Parkway 909 York St. 1326 Tremont Place 2001 Colorado Blvd. 10 W. 14th Ave. Parkway 2300 Steele St. 700 Water St. 2000 Elitch Circle 4303 Brighton Blvd. 715 S. Forest St. 1311 Pearl St. 6055 Longbow Drive, Boulder 1340 Pennsylvania St. 20189 Cabrini Blvd., Golden 861 Santa Fe Drive 1485 Delgany St. 15013 Denver West Parkway, Golden 320 W. Colfax Ave. 7711 E. Academy Blvd.	(303) 469-5441 (303) 433-7444 (303) 866-3682 (303) 279-4591 (720) 865-5000 (303) 331-4000 (303) 892-1436 (303) 322-7009 (720) 865-1111 (303) 376-4800 (303) 561-4450 (303) 595-4386 (303) 297-1113 (720) 865-0800 (303) 832-8576 (303) 530-1442 (303) 832-4092 (303) 526-0758 (303) 571-4401 (303) 298-7554		
Performing Arts				
Arvada Center for the Arts and Humanities Avenue Theater Boulder's Dinner Theatre Bovine Metropolis Theater Colorado Symphony Orchestra Denver Center Theatre Company Denver's Dangerous Theatre Impulse Theater Red Rocks Amphitheatre	6901 Wadsworth Blvd., Arvada 417 E. 17th Ave. 5501 Arapahoe Ave., Boulder 1527 Champa St. Boettcher Concert Hall, 950 13th St. 1101 13th St. 2620 W. Second Ave. 1634 18th St. 18300 W. Alameda Parkway, Morrison	(303) 893-4100 (720) 233-4703 (303) 297-2111		
*Denver unless otherwise specified. **10-digit dialing required.				

DIRECTORY (cont.)				
Restaurants	Address*	Phone**		
Barolo Grill	3030 E. Sixth Ave.	(303) 393-1040		
Bistro Vendôme	1424H Larimer St.	(303) 825-3232		
Deluxe	30 S. Broadway	(303) 722-1550		
Denver Chophouse & Brewery	1735 19th St.	(303) 296-0800		
Duo	2413 W. 32nd Ave.	(303) 477-4141		
Flagstaff House	1138 Flagstaff Road, Boulder	(303) 442-4640		
The Fort	19192 Highway 8, Morrison	(303) 697-4771		
Frasca Food and Wine Fruition	1738 Pearl St., Boulder 1313 E. Sixth Ave.	(303) 442-6966 (303) 831-1992		
Highland's Garden Café	3927 W. 32nd Ave.	(303) 458-5920		
Kevin Taylor's at the Opera House	950 13th St.	(303) 640-1012		
The Kitchen	1039 Pearl St., Boulder	(303) 544-5973		
L'Atelier	1739 Pearl St., Boulder	(303) 442-7233		
Laudisio	1710 29th St., Boulder	(303) 442-1300		
Luca d'Italia	711 Grant St.	(303) 832-6600		
Mateo	1837 Pearl St., Boulder	(303) 443-7766		
Mizuna	225 E. Seventh Ave.	(303) 832-4778		
Nine75	975 Lincoln St.	(303) 975-0975		
North	190 Clayton Lane	(720) 941-7700		
Palace Arms	321 17th St.	(300) 297-3111		
Panzano	909 17th St.	(303) 296-3525		
Potager	1109 Ogden St.	(303) 832-5788		
Q's Restaurant	2115 13th St., Boulder	(303) 442-4880		
Restaurant Kevin Taylor	1106 14th St.	(303) 820-2600		
Rioja Sunflower	1431 Larimer St.	(303) 820-2282		
Sushi Den	1701 Pearl St., Boulder 1487 S. Pearl St.	(303) 440-0220 (303) 777-0826		
Swimclub 32	3628 W. 32nd Ave.	(720) 889-7946		
Table 6	609 Corona St.	(303) 831-8800		
Tamayo	1400 Larimer St.	(720) 946-1433		
Zengo	1610 Little Raven St.	(720) 904-0965		
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Shopping and Galleries				
Cherry Creek North	299 Milwaukee St.	(303) 394-2904		
Cherry Creek Shopping Center	3000 E. First Ave.	(303) 388-3900		
David Cook Fine Art	1637 Wazee St.	(303) 623-8181		
Gallerie Rouge	290 Columbine St.	(720) 318-7556		
Gallery M	2830 E. Third Ave.	(303) 331-8400		
Great Western Art Gallery	1455 Curtis St.	(303) 396-ARTS		
Highlands Square	3211 Lowell Blvd.	(303) 477-0374		

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DIRECTORY (cont.)			
Shopping and Galleries	Address*	Phone**	
Kashi Kari Gallery Larimer Square LoDo District Nine10Arts Pismo Robischon Gallery	733 Santa Fe Drive 1430 Larimer St. 1616 17th St. 910 Santa Fe Drive 2770 E. Second Ave. 1740 Wazee St.	(303) 825-9000 (303) 534-2367 (303) 628-5428 (303) 815-1779 (303) 333-2879 (303) 298-7788	
Rue 32 Gallery Sandra Phillips Gallery Sandy Carson Gallery Spark Gallery Tabor Center	3478 W. 32nd Ave. 744 Santa Fe Drive 760 Santa Fe Drive 900 Santa Fe Drive 1200 17th St.	(303) 455-1611 (303) 573-5969 (303) 573-8585 (720) 889-2200 (303) 628-1000	
Tam O'Neill Fine Arts Translations Gallery Walker Fine Art William Matthews Gallery Wilson Adams Gallery	311 Detroit St. 773 Santa Fe Drive 300 W. 11th Ave. 1617 Wazee St. 1307 Bannock St.	(800) 428-3826 (303) 629-0713 (303) 355-8955 (303) 534-1300 (303) 825-0950	
Sports and Recreation			
Arrowhead Golf Club Black Bear Golf Club Buffalo Run Golf Course Clear Creek Rafting Co. Colorado Colfax Marathon Colorado Crush Colorado Rapids Colorado Rockies Confluence Kayaks Denver Outlaws Fox Hollow Golf Course Geo Tours Golf Club at Bear Dance Green Valley Ranch Golf Club REI Denver Flagship The Ridge at Castle Pines North Riverdale Golf Courses Rocky Mountain National Park *Denver unless otherwise specified.	10850 W. Sundown Trail, Littleton 11400 Canterberry Parkway, Parker 15700 E. 112th St., Commerce City 350 Whitewater Road, Idaho Springs City Park, 2100 Steele St. Pepsi Center, 1000 Chopper Circle Dick's Sporting Goods Park, 6000 Victory Way, Commerce City Coors Field, 20th and Blake Streets 1615 Platte St. Invesco Field at Mile High, 1701 Bryant St. 13410 Morrison Road, Lakewood 229 Highway 8, Morrison 6630 Bear Dance Road, Larkspur 4900 Himalaya Road 1416 Platte St. 1414 Castle Pines Parkway, Castle Rock 13300 Riverdale Road, Brighton 1000 Highway 36, Estes Park	(303) 973-9614 (303) 840-3100 (303) 289-1500 (800) 353-9901 (303) 770-9600 (720) 258-3400 (303) 825-GOAL (303) ROCKIES (303) 433-3676 (303) OUTLAWS (303) 986-7888 (303) 756-6070 (303) 681-4653 (303) 371-3131 (303) 756-3100 (303) 688-0100 (303) 659-6700 (970) 586-1206	
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